



HEALTHY SEMINARIANS + HEALTHY CHURCHES = A HEALTHIER WORLD!

Healthy Seminarians - Healthy Church Receives \$2500 from the T. Colin Campbell Center for Nutrition Studies' Community Grants Program

The Center for Nutrition Studies awards Healthy Seminarians - Healthy Church a Community Grant to support their upcoming 'Eating Through The Book' project.

Release Date: September 1, 2022



Healthy Seminarians - Healthy Church (HSHC) has received a grant of \$2500 to support their 'Eating Through The Book' project. HSHC's brand new curriculum called 'Eating Through The Book' will include accessible activities, educational materials, and whole-food plant-based recipes for congregations and individuals. Eating Through the Book will use sacred texts and a faith-oriented approach to increase awareness of how food and faith are intimately connected and assist people in making this connection in spiritual and practical ways.

The T. Colin Campbell Center for Nutrition Studies (CNS), renowned global leader in whole food, plant-based resources, education, and advocacy, provides grant support to empower sustainable food-based initiatives around the world. "We are incredibly excited to offer these Community Grants as a natural extension of our global mission," commented LeAnne Campbell, President of CNS. "This grant program will provide organizations with support to advocate for a more sustainable and equitable food system, whether they are nonprofits, educators, community organizers, or environmentally conscious companies."

HSHC recognizes that seminarians and clergy struggle disproportionately with mental, emotional, and physical health issues and are committed to breaking this cycle of unhealth. Through their efforts to educate and bring awareness of how to change this reality, they assist church leaders in becoming agents of positive transformation in their communities and congregations. HSHC Co-founder and Executive Director Karen Webster shares, "We think our curriculum will be a great resource for churches, seminaries, individuals, and other entities seeking to eat more healthfully and make greater connections between their faith and food choices. We also believe it will appeal to those seeking to create new gardens or implementing educational programs in already established gardens."

HEALTHY SEMINARIANS + HEALTHY CHURCHES = A HEALTHIER WORLD!

About HSHC:

Healthy Seminarians-Healthy Church (HSHC) is a 501(c)3 nonprofit organization and validated ministry of Trinity Presbytery. We exist to help seminary communities, clergy, and church members connect their theology to their own health and that of their families, communities, and the world. We provide opportunities to engage health practically and theologically so that people can live more fully into the abundant life God offers. Through education, research, and advocacy, we offer tools for achieving greater wellbeing.

Learn more at: www.thehshc.org.

About CNS:

The T. Colin Campbell Center for Nutrition Studies (CNS) is a 501(c)3 nonprofit organization committed to increasing awareness of the extraordinary impact that food has on the health of our bodies, our communities, and our planet. Through science-based education, service, and advocacy, we seek to inspire and connect all people, providing practical solutions to enable a healthier life, more equitable communities, and a sustainable world. We offer grants to empower individuals and organizations who are focused on increasing food literacy, improving access to healthy and affordable food, and building sustainable and equitable food systems. Our library of content and tools includes an online certificate in Plant-Based Nutrition, as well as articles, recipes, newsletters, and other free educational resources.

Learn more at: www.nutritionstudies.org.